

## OceanZ Blue Abalone Product Specifications

- ✓ Natural New Zealand farmed Abalone Premium seafood
- ✓ 18 month shelf life
- ✓ Nitrogen / cryogenic freezing
- ✓ Frozen live and whole
- ✓ Sashimi grade
- ✓ Excellent taste and texture
- ✓ High 45% meat yield
- ✓ Four day purge (not feed) pre-harvest to clean the gut
- ✓ 100% of Abalone used
- ✓ Tender and simple to prepare
- ✓ No additives, drugs or antibiotics
- ✓ Consistent Abalone sizes
- ✓ Fully sustainable
- ✓ Full tracability
- ✓ Chemical free processing and farming
- ✓ Consistent and controlled growing environment with filtration of all water
- ✓ Unique blue shell
- ✓ Grown in New Zealand's pristine clear waters
- ✓ Modern hygienic facilities
- ✓ Certified HACCP plan
- ✓ United States FDA registered
- ✓ European Economic Union registration

## OceanZ Blue Abalone Nutritional Details

	<b>Frozen</b>		<b>Canned</b>	
Serving Size	1.6 (45 g) % Daily Value *		3 oz (85 g) % Daily Value *	
Servings Per Container	6			
<b>Amount Per Serving</b>				
<b>Calories</b>	90		90	
<b>Calories from Fat</b>	5		5	
<b>Total Fat</b>				
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
<b>Cholesterol</b>	70mg	25%	70mg	25%
<b>Sodium</b>	260mg	10%	260mg	10%
<b>Total Carbohydrates</b>	6g	2%	6g	2%
Dietary Fibre	0g	0%	0g	0%
Sugars	0g		0g	
<b>Protein</b>	15g		15g	
<b>Vitamin A*</b>	0%		0%	
<b>Calcium*</b>	4%		4%	
<b>Vitamin C*</b>	4%		4%	
<b>Iron*</b>	15%		15%	

	Calories	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fibre		25g	30g

	Calories	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fibre		25g	30g

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.